



Great Allegheny Passage 4-Day Adventure Downhill Both Ways Flip-Trip!!

In our opinion, a 4-day, 3-night trip on the Great Allegheny Passage (GAP) is the ideal amount of time to cover the 150 miles between Point State Park in downtown Pittsburgh to the Visitor center in Cumberland MD. This ride has just the right miles each day to make it physical, but also have plenty of opportunity to stop and smell the flowers!

The “**Downhill Both Ways Flip-Trip**” is absolutely the coolest, funnest, easiest way to conquer this Bucket List Adventure! You will park in Cumberland Maryland (free & safe) to begin, then *2WheelEscapes* provides 4 days of joy while you travel in style, make new friends, eat amazing food and, Oh Yeah ride our bikes all day on this world class Trail.

The natural beauty, industrial and railroad history, along with the stories of the people who built America are just the beginning of what this experience offers those who complete this journey. Afterwards you will have lifelong memories and new friends made along the way.

Our small groups, expert staff and years of experience make this trip extra special. Riders are free to travel at their own pace, see the sights they choose to see and know they have the support and safety of a dedicated team close by for ANY contingencies.

Cost for this trip is \$1,600 including everything, double occupancy.

Below is the basic outline of our journey and what to expect. Breakfast and Gourmet dinner are included each day, along with delicious, healthy snacks and drinks each riding day. There are many lunch options on the Trail each day as you encounter wonderful towns from another era. Since our food is made fresh and cooked to order each day, we can accommodate any special food requests (Vegan, Vegetarian, Gluten free, etc).

Book online today or call Greg: 204-674-7626 with any questions!



DAY 1: Meyersdale PA to Ohiopyle PA (41 miles)

This day we meet and park in Cumberland MD (free and safe) at 8:30am, then shuttle to Meyersdale PA (40 minutes) to begin pedaling. From here you ride 41 miles, **DOWNHILL**, to Ohiopyle PA where we gather for transport to our first night Hotel, The Lodge at Chalk Hill.

Guests enjoy Happy Hour and hors d'oeuvres, followed by a gourmet meal cooked fresh to order. Dessert, a roaring fire and social time will end this day!

DAY 2: Ohiopyle PA to West Newton PA (42 miles)

We begin with pour-over coffee service at sunrise followed by our famous custom pancakes and local bacon gourmet breakfast.

We then shuttle back to the Trail and ride **DOWNHILL** to West Newton PA.

We gather at the GAP Trail Campground right on the Trail in West Newton and enjoy Happy Hour with hors d'oeuvres, followed by another amazing dinner cooked fresh to order. There are amazing facilities at this venue and guests can freshen up or even shower if they choose.

Following dinner, we shuttle 7 miles to the Fairfield Inn located in Belle Vernon PA.

DAY 3: West Newton PA to Pittsburgh PA (35 miles)

This will be an amazing ride as you travel **DOWNHILL** into Downtown Pittsburgh all the way to Point State Park.

Most folks arrive in Pittsburgh by 3pm which gives plenty of time to explore this reborn city, alive with incredible bicycle infrastructure. Many options include museums, guided City bike tours, or just relaxing and enjoying the scenery.



Lodging this night is .75 miles across the river at an amazing bicycle friendly independent local hotel called “The Traveler’s Rest”: <https://www.sstrpgh.com/>

Here we gather for all the food and fun you have come to expect. This night will include a gourmet Italian meal with all the accoutrements.

DAY 4: Meyersdale to Cumberland MD (32 miles)

Best day yet as we shuttle 2 hours back to Meyersdale in the morning, then ride **DOWNHILL** to Cumberland. Coffee service and breakfast served early before we hit the road.

Easy-Peezy day because the last 23 miles are really, really **DOWNHILL!** This day also has all of the most dramatic railroad features of the trail; to include high bridges and 3 long tunnels.

Trip ends in Cumberland where you parked at the beginning of the journey. As always, ride at your pace and enjoy, but most riders finish on Day 4 by 2:00pm.

Pat yourself on the back, you just conquered all 150 miles of the Great Allegheny Passage, the smartest way of all.... **DOWNHILL!!**

Additional services such as bike rentals, airport pick-ups, extraordinary shuttling, or anything else you may need are also available at reasonable cost.